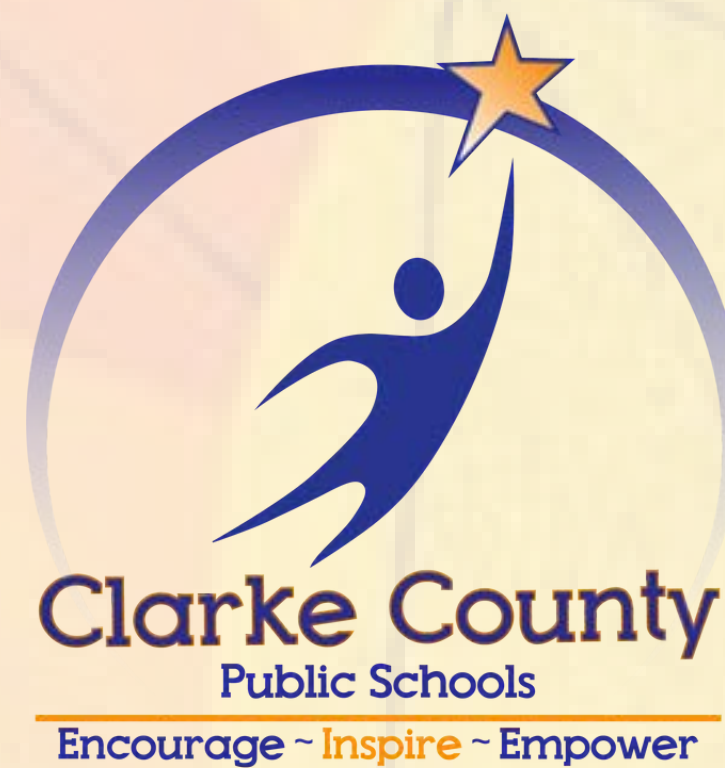


Storywalk™



We hope you enjoy our Storywalk™ by walking along the trail and reading the book with your child! The story walk begins at the entrance to the park.



Welcome to our Storywalk™



The StoryWalk™ Project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with the Vermont Bicycle & Pedestrian Coalition (VBPC) and the Kellogg Hubbard Library. This project was funded by the Clarke County Education Foundation.

We hope you enjoy our Storywalk™ by walking along the trail and reading the book with your child!



1

ENJOY THIS BOOK WITH YOUR CHILD! FOLLOW THE
TRAIL & READ THE BOOK TOGETHER!

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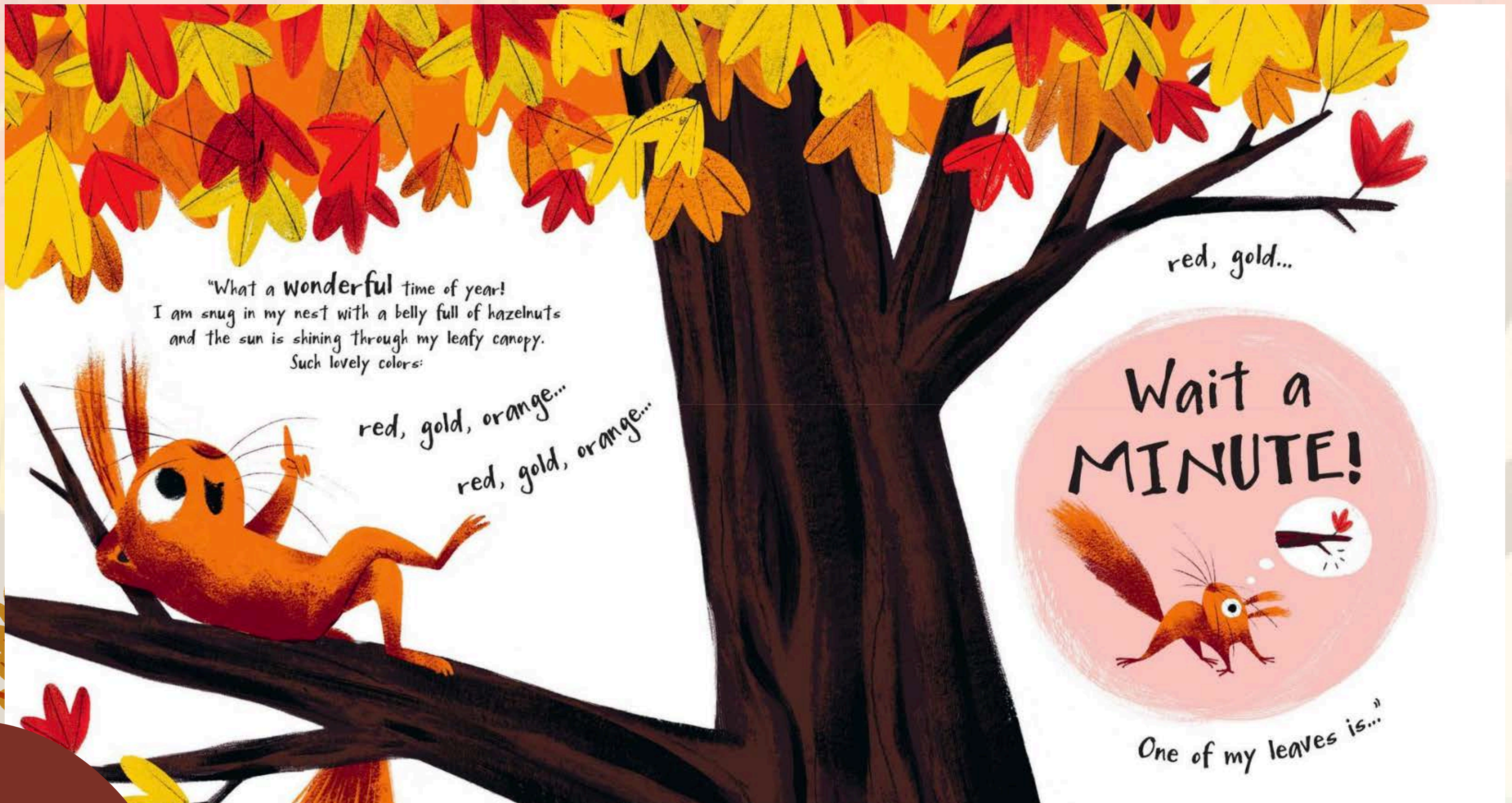


Don't forget to take a
selfie & tag us on
social media!



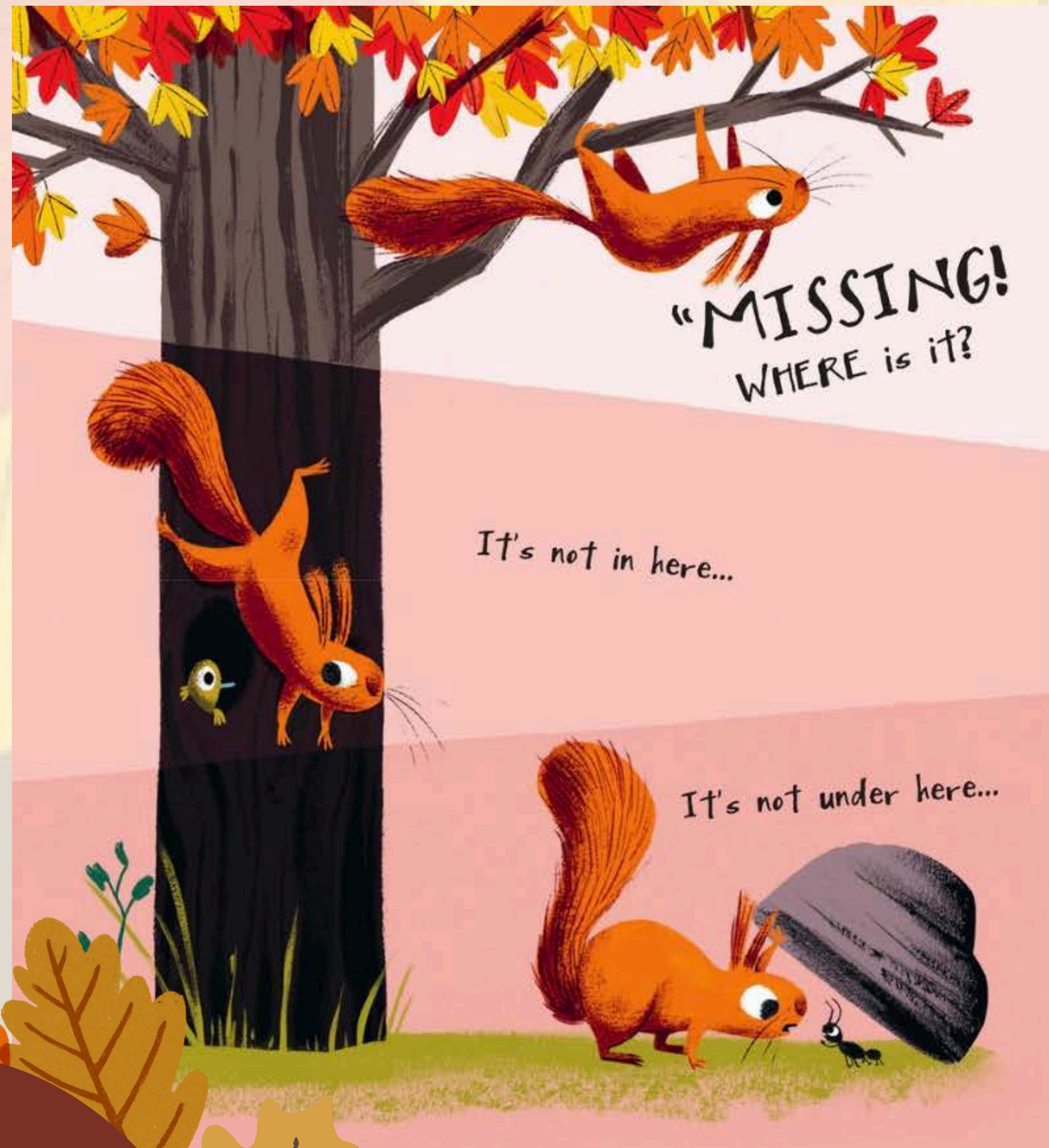
@ClarkeCountyEducationFoundation with #ccefstorywalk





1

During which season do the leaves change colors?



2

Does every tree lose its leaves during the fall season?



3

Fall is a great time to be outside! Use your senses. What do you see, hear, and smell?





5

What type of trees lose their leaves?

deciduous trees



6

What type of trees keep their leaves and needles?
evergreen trees



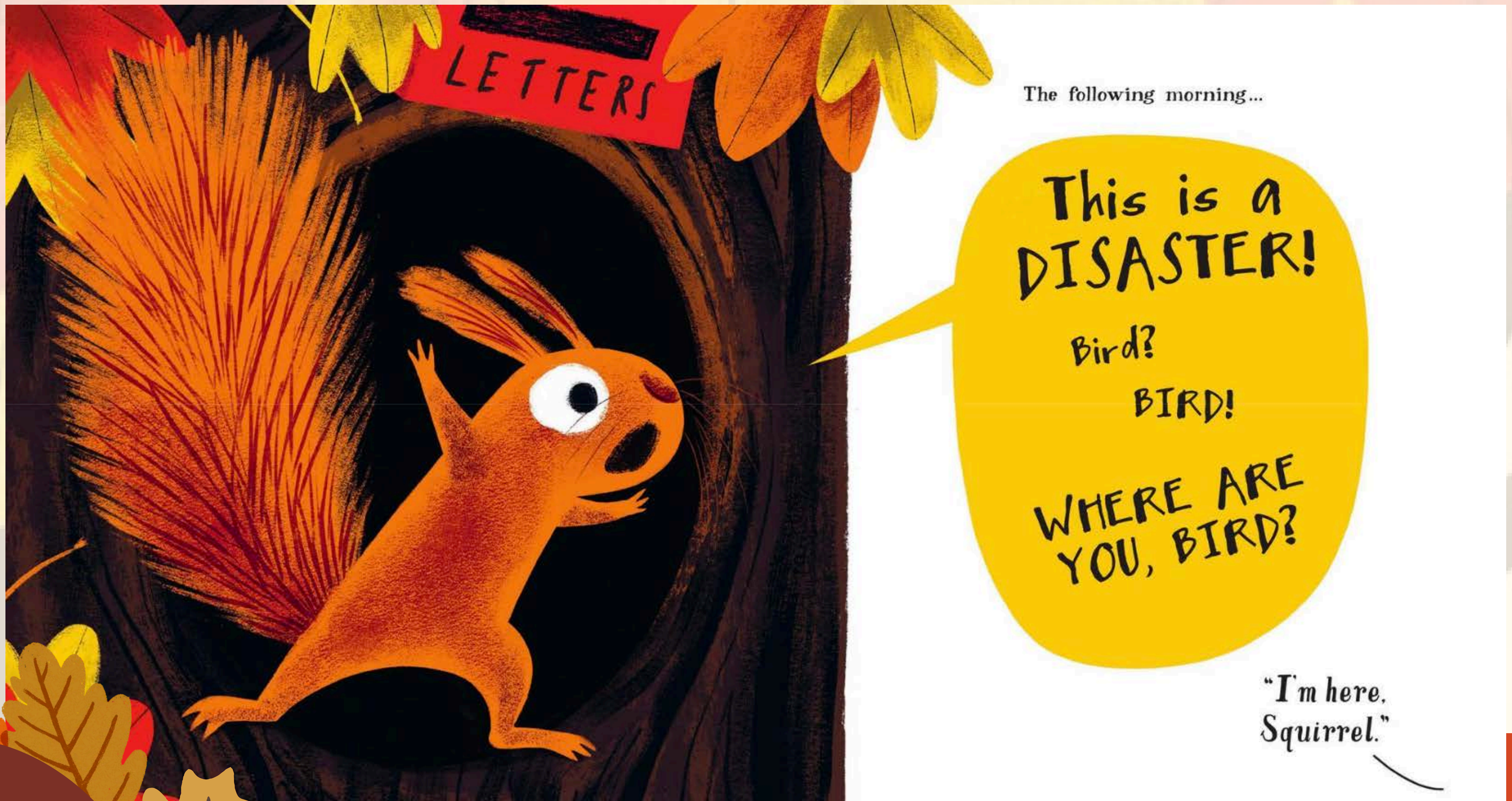
Squirrel needs to relax! He is trying yoga. Let's try tree pose with him.

Standing Tree Pose:

Shift your weight onto one foot and bring your other foot to your ankle, shin, or thigh (do not place your foot on the side of your knee)

Bring your arms up over your head, hold your hands together at your chest, or lift your arms out in front of you with palms facing each other

Hold for a few breaths, try to relax like squirrel!



After leaves change colors do they:

- A.) Turn green again and keep growing
- B.) Turn brown and fall from the tree



9

Autumn isn't only about leaves changing color and falling.
What are some other changes that happen in the fall season?



10

Autumn happens at different times across the world.

*In the Northern Hemisphere autumn starts in _____. (September)

*In the Southern Hemisphere autumn starts in _____. (March)

*"The only thief is the WIND!
This happens every year in the autumn. Every year!
The leaves change colors and the wind blows them away.
They'll grow back again in the spring.
Now, I'm going home. Please don't disturb me again."*



*"It was just the wind.
The leaves change colors and the wind blows them away.
Of course! No Leaf Thief at all. Silly me.
I'm going to sleep well tonight!"*



Do squirrels hibernate?

No, but they do begin to sleep a lot more. Squirrels stay busy storing food for the colder months.

The Real Leaf Thief

As squirrel learned, nobody is really stealing the leaves from the trees.

Bird says,
"The only thief is the WIND."

But there is more to it than that. The wind can only blow the leaves away when the trees have started to shed their leaves. This happens in the autumn when the temperature drops, marking the change from summer to winter.

Trees look very pretty in the autumn.

Before the leaves fall, they turn from green to all sorts of different colors.

"Red, gold, orange"

When they turn brown, the leaves are ready to fall from the tree.

Not all trees shed their leaves.

Only deciduous trees lose their leaves.
Coniferous trees, such as a evergreens, keep theirs.

Autumn happens at different times across the world.

In the Northern Hemisphere, autumn starts in September. In the Southern Hemisphere, it starts in March.

Autumn isn't just about falling leaves.

Other changes happen too. The daylight hours shorten and some birds and butterflies fly to warmer climates, or migrate. Other animals like bats and bears sleep through the winter, or hibernate.

Squirrels don't hibernate but they do begin to sleep a lot more. They also store nuts and other food for the colder months ahead.

Thank you for joining our walk! Here are some more fun fall family activities:



Calming Breathing:

Breathing exercises are another way Squirrel can calm down. Let's breath with him. Trace your finger along the sides of this board and breathe in and out as you go. Breathe in on one side, exhale on the next side as you go around the rectangle.

What other shapes could you draw and practice calm breathing?

Give it a try!

Squirrel has tried yoga and calm breathing – what other things could he do to try to calm himself down?



Make Art with Leaves!

Mouse made a leaf into a boat. Woodpecker and Bird made decorations.

What can you make with leaves?



Collect Leaves!

Collect different leaves from the park, while you are out on a walk.

How many different ways can you sort them – by color, by shape, by size?



Make a Leaf Rubbing

Collect leaves of various shapes and sizes – you can use fresh leaves or dried fallen ones!

Place a leaf with its bottom side facing up and put a thin sheet of paper (like a piece of white printer paper) on top of the leaf. Rub the leaf with the side of a crayon!

Check out more information about our
StoryWalk project here!





Check out all the Park has to offer!

Scan this code to see what's happening:



Get involved!
**Your support makes fun learning
projects like this possible.**



Scan this code with your phone to donate:

